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**H·O·P·E**

# GOD'S HOPE FOR THE REST OF YOUR LIFE

## Session 7: Discovering Your S.H.A.P.E.

Message by Pastor Kevin Cavanaugh  
Cedar Grove Church | November 12, 2017

## PARTICIPANT'S STUDY GUIDE

## Sharing Life

- Describe an experience that you had while growing up that impacted your life positively?

*28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose. 29 For those whom He foreknew, He also predestined to become conformed to the image of His Son, so that He would be the firstborn among many brethren; Romans 8:28-29 (NIV)*

## 5 Key Things that Contribute to your S.H.A.P.E.:

1. **S** stands for \_\_\_\_\_ gifts.

Everyone is given at least one spiritual gift. Many have 2-3.

*6 We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; 7 if it is serving, then serve; if it is teaching, then teach; 8 if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully. Romans 12:6-8 (NIV)*

**How do you know that you are gifted in these ways?**

Three tests help you discover your Spiritual Gifts:

- a. I am very highly \_\_\_\_\_ internally to do them.
- b. I feel most \_\_\_\_\_ when I am engaged in exercising these my gifts.
- c. The \_\_\_\_\_ of people when I am sharing my gifts.

2. **H** stands for \_\_\_\_\_.

By heart we are talking about your \_\_\_\_\_ and interest.

*Seek your happiness in the Lord and he will give you your heart's desire. Give yourself to the Lord, trust in him, and he will help you.*  
**Psalm 37:4-5 (GN)**

The Secret of a Fulfilled Life? Find what you \_\_\_\_\_ to do, and you do that full out for God's glory!

*So whether you eat or drink or whatever you do, do it all for the glory of God.* **1 Corinthians 10:31 (NIV)**

3. **A** stands for \_\_\_\_\_.

By abilities we are talking about those things that \_\_\_\_\_, that not everyone else does, or even can do, at least not like we can.

*Why is it that He gives us these special abilities to do certain things best? It is that God's people will be equipped to do better work for him, building up the church, the Body of Christ to a position of strength and maturity. **Ephesians 4:12** (TLB)*

4. **P** stands for \_\_\_\_\_.

The bible doesn't speak of personality in a categorical way, but it certainly speaks of different personalities realities.

*Esau . . . loved the outdoors, but Jacob was a quiet man who stayed at home. **Genesis 25:27** (GN)*

*Be completely humble and gentle; be patient, bearing with one another in love. **Ephesians 4:2** (NIV)*

5. **E** stands for \_\_\_\_\_.

By experiences we are talking about are those special or unique things that have impacted our lives and shaped who we are and what we do.

*A warning given by an experienced person to someone willing to listen is more valuable than gold. . . Proverbs 25:12 (GN)*

*These things happened to them as examples and were written down as a warning for us. . . 1 Corinthians 10:11 (NIV)*

# DISCUSSION QUESTIONS

## SPIRITUAL GIFTS:

1. What are you doing when you feel most motivated internally?
2. What are you doing when you feel most alive or passionate?
3. What are you doing that causes people to respond most to you?
4. If you had to answer tonight what would you say your spiritual gifts are?

## HEART/PASSION:

1. What are you most interested in or intrigued by?

2. What do you spend time doing that you would do even if you didn't get paid?

3. What do you lose track of time over?

4. How could these things be used to bless people?

### **ABILITIES:**

1. List 2-3 things that you enjoy that you feel like you are reasonably good at?

### **PERSONALITY:**

Pick the primary and secondary temperaments that you most identify with.

- **Sam the Sanguine** - Loves to talk, he's fun loving, outgoing and very social. He gains energy being around people.

- **Claire the Choleric** - Is the hard driving get the job done no matter the cost, leader type. She is task oriented and can often lose sight of people. In fact, people can drain energy from her.
- **Mike the Melancholy** - Is the deeply contemplative and reflective type. He tends to have higher highs and lower lows. The arts in there many forms give Mike energy.
- **Phyllis the Phlegmatic** - Gets along with everything and everyone. She's got a totally laid back approach to everything. She is extremely loyal.

## EXPERIENCES

Pastor Kevin shared how growing up in a racially integrated school helped prepare him for serving Cedar Grove. What from your upbringing or past has most helped to prepare you?

If your ministry was to come out of one of the most painful experiences in your life, what area would you be ministering in? Recovery, Marriage, Children, Men, Women, other?



## **CLOSING QUESTIONS:**

- Where are you currently serving Jesus?
- What have you discovered from this session about your own unique SHAPE that gives you greater or better insight into how you can serve Jesus?
- What do you need to do to make that commitment?

## STOP AND PRAY FOR EACH OTHER

- Pray for wisdom and discernment on how to best use your S.H.A.P.E.
- Pray for serving opportunities at Cedar Grove
- power and protection